

### Open Food Facts – A Wikipedia for Food Products

Ho Chi Minh City – Nov 1st 2018

@OpenFoodFactsVi





### A lot of data to digest

ENDRE GENOISE RECOUVERTE D'UNE MARMELADE D'ORANGE ET D'UNE COQUE DE CHOCOLAT FIN - Ingrédients : Marmelade d'oranges 41 % cose-fructose, sucre, pulpe d'orange 4,5 %, jus d'orange concentré 1,4 % (équivalent jus d'orange 7,8 %), pulpe d'orange concentrée 0,6 % (équivalent jus 2,6 %), gélifiant (pectines), acidifiant (acide citrique), correcteurs d'acidité (citrate de calcium, citrate de sodium), arôme naturel d'orange, gomme xanthane)], chocolat 24,9 % [sucre, pâte de cacao, beurre de cacao, graisses végétales (illipe, mangue, saf, karité et palme en proportions ime, émulsifiant (lécithine de soja), lactose et protéines de lait], farine de blé, sucre, œufs, sirop de glucose-fructose, huile végétale (colza), poudre à le acide d'ammonium, diphosphate disodique, carbonate acide de sodium), sel, émulsifiant (lécithine de soja). Peut contenir sésame.

INFORMATION NUTRITIONNELLE / VOEDINGSWAARDE-INFORMATIE / NÄHRWERTANGABEN			
	100g	1 biscuit (12,5g)	%* / biscuit
Énergie / Energie / Energiewert	1675 kJ/400 kcal	210kJ/50kcal	3%
Graisses / Vetten / Fett	12,5 g	1,69	2%
dont acides gras saturés / waarvan verzadigde vetzuren / davon gesättigte Fettsaüren	6,1 g	0,8 g	4 %
Glucides / Koolhydraten / Kohlenhydrate	66 g	8,3 g	3%
dont sucres / waarvan suikers / davon Zucker	49 g	6,2 g	7%
Fibres alimentaires / Vezels / Ballaststoffe	2,0 g	0,2 g	
Protéines / Eiwitten / Eiweiss	3,5 g	0,49	1%
Sel / Zout / Salz	0,36 g	0,045 g	<1%

- ~ 12 biscuits / étui, verpakking, Packung
- \*Apport de référence pour un adulte-type (8400 kJ / 2000 kcal). Pour plus d'information: www.mondelezinternational.fr / www.lu.be \* Referentie-inname van een gemiddelde volwassene (8400 kJ / 2000 kcal). Meer informatie op: www.lu.nl / www.lu.be
- Referenzmenge für einen durchschnittlichen Erwachsenen (8400 kJ / 2000 kcal).

## Which cereals are the healthiest?



### What can citizens do?



The Free Encyclopedia



OpenStreetMap
The Free Wiki World Map



## A Wikipedia for food products



- Crowdsourcing
- Open Database Licence (ODbL)

#### Fraises Tagada

Code barre : 3103220009406

#### Caractéristiques du produit

Dénomination générique : Bonbons gélifiés

Quantité: 200 g

Conditionnement: Sachet

Marques: Haribo

Catégories : Confiseries

Labels, certifications, récompenses : colorants

d'origine naturels

# HARIBO TAGADA

#### Ingrédients

→ Les ingrédients sont listés par par ordre d'importance (quantité).

**Liste des ingrédients :** Sucre, sirop de glucose, gélatine, acidifiant : acide citrique,

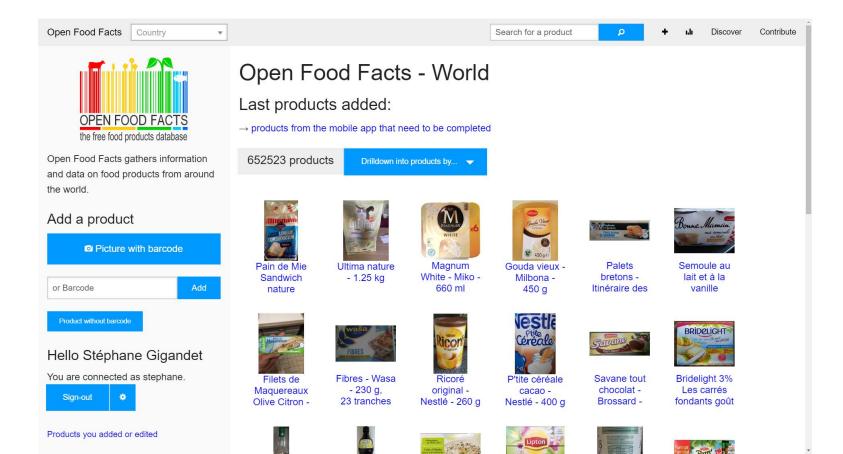
Ingrédients
es mélangés. Il existe / a existé une

arôme, colorants : curcumine, carmins, carotènes mélangés. Il existe / a existé une autre version (même code barre) sans curcumine.

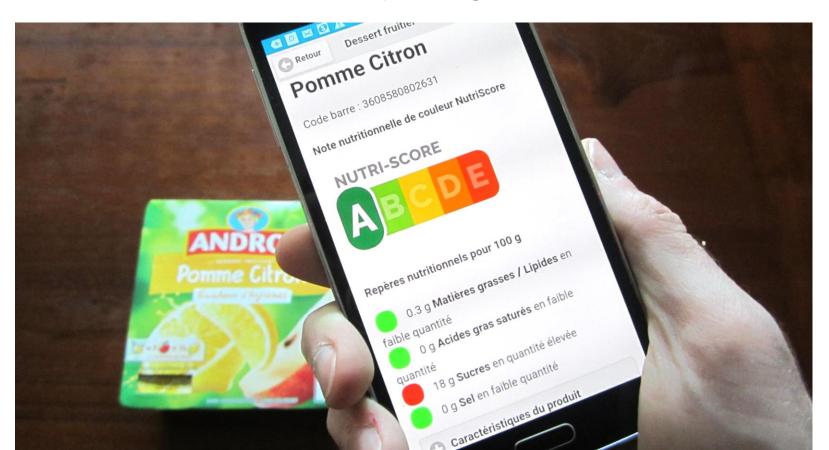
#### Additifs:

- E428 Gélatine
- E330 Acide citrique
- E100 Curcumine
- E120 Acide carminique

## A database of 650 000 products



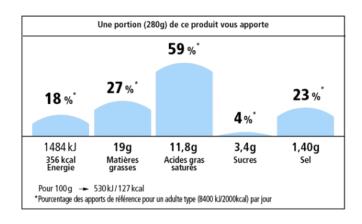
## Uses: decrypting labels



## Nutri-Score grades

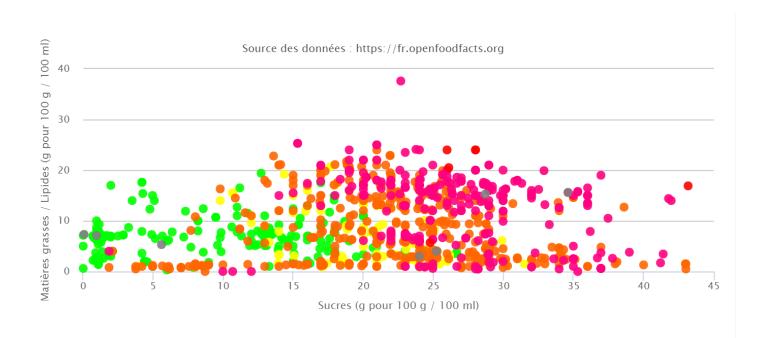
- Based on UK FSA nutrition score
- Adopted in French health law
- Optional



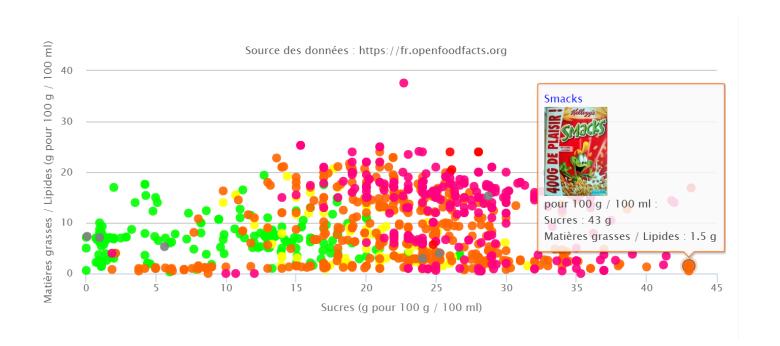




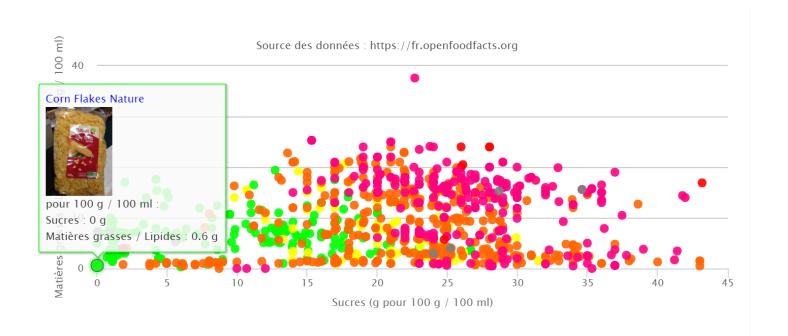
## Comparing products



## Comparing products



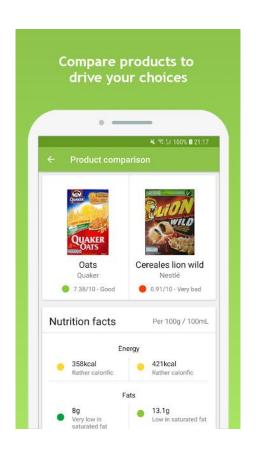
## Comparing products



## More than 100 re-uses thanks to Open Data

- Data of public interest has to be public!
- Open Database Licence
  - Free for all and for all uses
  - Attribution
  - Share-Alike

## Re-uses in more than 100 apps and services













### Education



http://howmuchsugar.in

## Producers are improving their products...

- ... and they want to them to be visible
- Direct data feeds from 10 major food producers in France













#### Malmö Holstein Mecklenburg Sheffield Groningen Hamburg Ireland-Liverpool Nederland mingham Utrecht 406 Magdeburg Cardiff Deutschland Dresd Bristol Lonc Lilled Belgique Köln Belgien Wiesbaden Euxembourg Frankfurt Nürnberg 581 Stuttgart Schweiz, Nantes de Loire Suisse, Vaduz Franche-France Svizzera. Svizra Venezia ... Nouvelle Rhone-Alpes Milano Torino Bordeaux Bologna Genova Città di San Monaco Andorra Oviedo / Marino Marseille Vitoria-Gasteiz Italia Roma Barcelona Italia España Portugal La Mancha Lisboa Palerm

## We want to know more!!!



## Citizen Science

#### Collaboration with scientists

#### Score nutritionnel des fromages

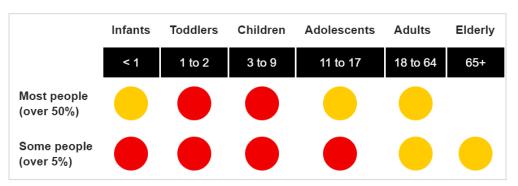
Source des données : http://fr.openfoodfacts.org 37 Nombre de produits

#### Risk of overexposure

**EFSA evaluation**: Re-evaluation of glutamic acid -E 620-, sodium glutamate -E 621-, potassium glutamate -E 622-, calcium glutamate -E 623-, ammonium glutamate -E 624- and magnesium glutamate -E 625- as food additives (2017/07/12)



The European Food Safety Authority (EFSA) has determined that some population groups have a high risk of consuming too much E621 - Monosodium glutamate.

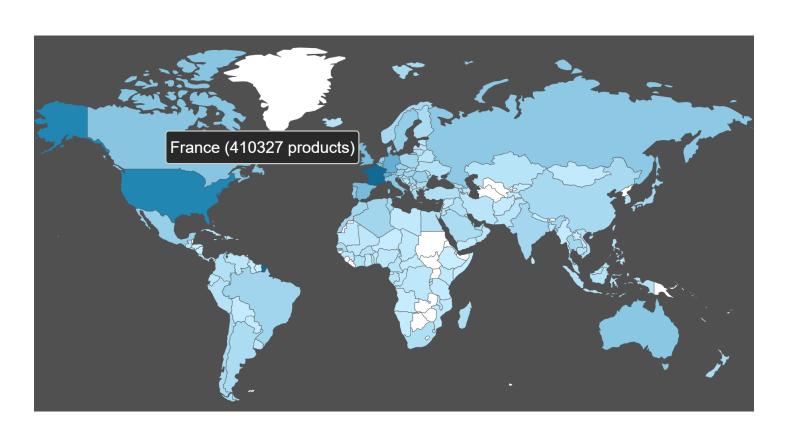


: Risk of exceeding the maximum dose without adverse effect (No observed adverse effect level - NOAEL)

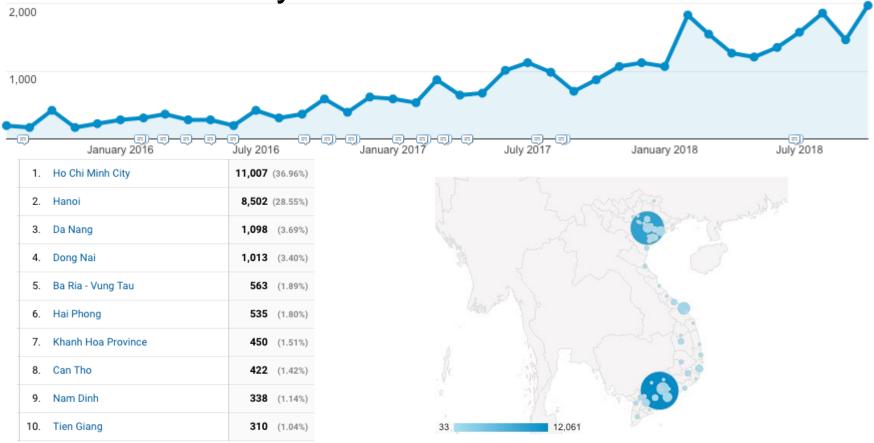
: Risk of exceeding the acceptable daily intake (ADI)

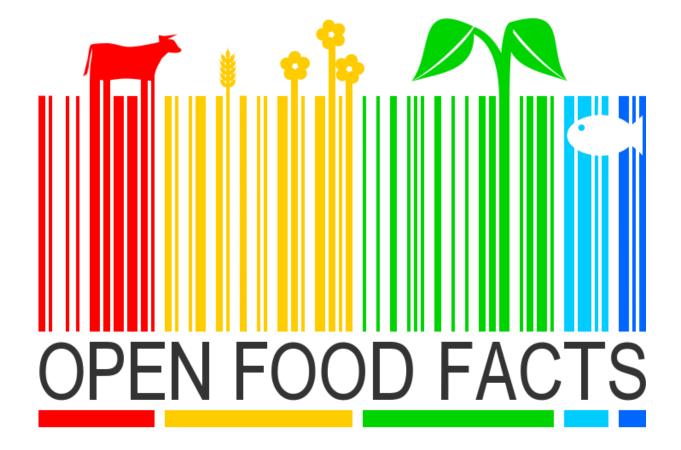
## So we have a surprise...

## Help us to grow in Vietnam!



There is already momentum all across Vietnam!





Cơ sở dữ liệu miễn phí về mặt hàng thực phẩm

☐ Ghi nhớ tôi

Mật khẩu

Đăng nhập

Không đăng ký chưa? Tạo tài khoản của ban.

mustard

crystal

-227a

Kế tiếp

wasabi sauce

- s&g - 43g

apple vinegar

sempio

- 500ml

Trang:

#### Nắm lấy sứ mênh

## vn.openfoodfacts.org

sugar -

tropicana

slim - 100a

isonalt -

6.17 07

- hanh phúc

- 500ml

flakes in

vegetable oil

- century

corned tuna

- century

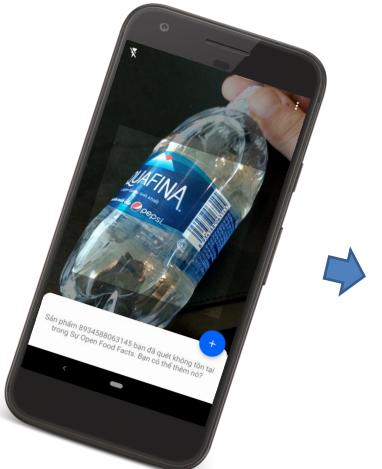
tuna - 180a

mackerel in

tomato sauce

- three lady

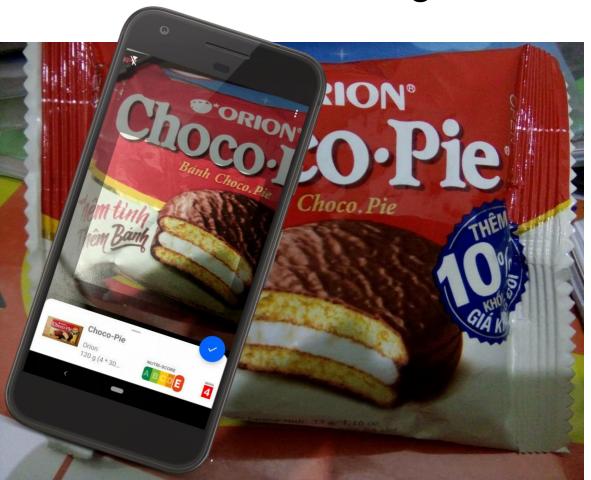
## Contributing new products is as easy as 1, 2, 3.







## Scan food, get the Nutri-Score



**Nutritional quality** 

**NUTRI-SCORE** 



Food processing from 1 to 4

**NOVA** 









## Scan your food, get additives warnings



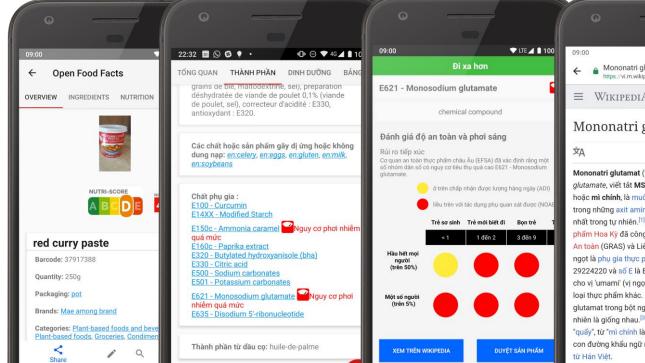


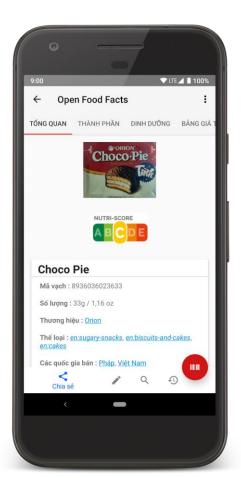


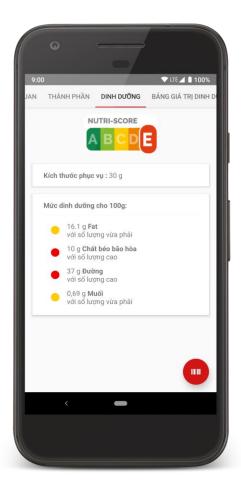


Mononatri gl

WIKIPEDIA









- your kitchen and add it to Open Food Facts Can inello word to your friends, on social media, talk with journalists, bloggers about it
- 4. Take my seat, and present the project in your school, organisation...



#### [PR-012261]-INGREDIENTS

Agua, Sodium Laureth Sulfate, Glycerin, Cocamidopropyl Betaine, Sucrose Cocoate, Citrus Aurantifolia Fruit Extract, Citrus Nobilis Fruit Extract, Propylene Glycol, Polysorbate 20, Cocamide MEA, Lauryl Glucoside, Disodium Cocoamphodiacetate, Ceteareth-60 Myristyl Glycol, Polyquaternium-7, Sodium Chloride, Sodium Sulfate, Tetrasodium EDTA, Citric

Acid, Sodium Glycolate, Methylisothiazolinone, Sodium Benzoate, Parfum, Limonene, Cl 19140 Cl 42051, Cl 47005



## Join us!

## openfoodfacts.org

@OpenFoodFactsVi

pierre@openfoodfacts.org



Apps on Google Play, F-Droid, iOS, Windows Phone, Ubuntu Mobile etc.